



# Town of South Bethany Calendar of Events

## Celebrating 50 Years 1969—2019

### 50 Year Anniversary Celebration

for the Incorporation of the Town of South Bethany  
Town Hall Parking Lot

Sunday, June 30, from 1:00 p.m. to 4:00 p.m.

- Free Food & Drinks
- Live steel drum music
- Face painting & make and take crafts
- Claw machine with stuffed animals and toys
- Cornhole Tournament at 1:30 p.m. (Come and cheer!)
- Fitness area demonstration at 1:15 p.m.
- Informational kiosks
- Gifts, prizes, and fun for all

Due to limited parking, we encourage you to bike or walk.

### Yoga on the Beach

S. 3rd St. and the Beach at 8 a.m.

May Classes: Sunday, May 26 & Monday, May 27  
Beginning June 9: Sunday through Thursday at 8 a.m.

### Special Classes for Sound Meditation & Gentle Yoga Flow

S. 3rd St. and the Beach at 7 p.m.

Sunday June 16, Tuesday, July 16, and Thursday, August 15  
Yoga along with singing bowls for a Sound Meditation

Instructor: Debbie Finger  
Donation for a Fee

### Boot Camp on the Beach

N. 6th St. and the Beach from 7:30 a.m. to 8:30 a.m.  
Saturdays May 25 to September 14  
Tuesdays June 18 to August 27

### Holiday Master Boot Camp on the Beach

N. 6th St. and the Beach from 7:30 a.m. to 8:30 a.m.  
Saturday, May 25 (Memorial Day Weekend)  
Thursday, July 4  
Monday, September 2 (Labor Day)

Instructors: Mel and Kim Royster  
Fee: \$10 per person per class

### Fitness Area Fitness Class

Located Adjacent to Town Hall  
Fridays at 7:30 a.m.  
June - September

Instructors: Mel and Kim Royster  
Fee: \$10 Per Person Per Class

**Junior Lifeguard Program (Jr Guards) Ages 9-15    Sign Up at Town Hall (Limited Class Size)**

**Begins July 2: Tuesdays and Thursdays at 10:30 a.m.    S. 2nd St. and the Beach (Lifeguard Shack)**

### FREE Movie Night S. 3rd Street and the Beach

July 11 at 8:15 p.m. (Rain Date August 8)

*Disney's Mary Poppins Returns*

Bring your blankets, lawn chairs, & flashlights. All are welcome.

### SBPOA Boat Parade - June 29 at 5

See signs on Parade Day for map. Viewing locations are at the canal ends or view from your dock.

### July 4th Fireworks at Dusk

Watch the Bethany Beach fireworks from our beach at dusk.

### Fall Picnic

September 14  
On the Beach

### Adopt a Canal/Road-End Beauty Contest

Friday, July 19, to Friday, August 16



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### JUNE 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<b>1</b> Boot Camp 730 am
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b> Fitness Area Fitness Class 730 am	<b>8</b> Boot Camp 730 am
<b>9</b> Yoga 8 am	<b>10</b> Yoga 8 am	<b>11</b> Yoga 8 am	<b>12</b> Yoga 8 am	<b>13</b> Yoga 8 am	<b>14</b> Fitness Area Fitness Class 730 am	<b>15</b> Boot Camp 730 am
<b>16</b> Yoga 8 am Gentle Yoga Flow 7 pm	<b>17</b> Yoga 8 am	<b>18</b> Boot Camp 730 am Yoga 8 am	<b>19</b> Yoga 8 am	<b>20</b> Yoga 8 am	<b>21</b> Fitness Area Fitness Class 730 am	<b>22</b> Boot Camp 730 am
<b>23</b> Yoga 8 am	<b>24</b> Yoga 8 am	<b>25</b> Boot Camp 730 am Yoga 8 am	<b>26</b> Yoga 8 am	<b>27</b> Yoga 8 am	<b>28</b> Fitness Area Fitness Class 730 am	<b>29</b> Boot Camp 730 am SBPOA Boat Parade 5 pm
<b>30</b> Yoga 8 am 50th Anniversary Celebration 1-4 pm						



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### JULY 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> Yoga 8 am	<b>2</b> Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	<b>3</b> Yoga 8 am	<b>4</b> Boot Camp 730 am Yoga 8 am Jr Guards 1030 am Watch BB Fire-works from the beach at dusk	<b>5</b> Fitness Area Fitness Class 730 am	<b>6</b> Boot Camp 730 am
<b>7</b> Yoga 8 am	<b>8</b> Yoga 8 am	<b>9</b> Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	<b>10</b> Yoga 8 am	<b>11</b> Yoga 8 am Jr Guards 1030 am FREE MOVIE on beach 8:15 pm	<b>12</b> Fitness Area Fitness Class 730 am	<b>13</b> Boot Camp 730 am
<b>14</b> Yoga 8 am	<b>15</b> Yoga 8 am	<b>16</b> Boot Camp 730 am Yoga 8 am Jr Guards 1030 am Gentle Yoga Flow 7 pm	<b>17</b> Yoga 8 am	<b>18</b> Yoga 8 am Jr Guards 1030 am	<b>19</b> Fitness Area Fitness Class 730 am Adopt Beauty Contest Begins	<b>20</b> Boot Camp 730 am
<b>21</b> Yoga 8 am	<b>22</b> Yoga 8 am	<b>23</b> Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	<b>24</b> Yoga 8 am	<b>25</b> Yoga 8 am Jr Guards 1030 am	<b>26</b> Fitness Area Fitness Class 730 am	<b>27</b> Boot Camp 730 am
<b>28</b> Yoga 8 am	<b>29</b> Yoga 8 am	<b>30</b> Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	<b>31</b> Yoga 8 am			



# Town of South Bethany Calendar of Events

## Celebrating 50 Years 1969—2019

### AUGUST 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Yoga 8 am Jr Guards 1030 am	<b>2</b> Fitness Area Fitness Class 730 am	<b>3</b> Boot Camp 730 am
<b>4</b> Yoga 8 am	<b>5</b> Yoga 8 am	<b>6</b> Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	<b>7</b> Yoga 8 am	<b>8</b> Yoga 8 am Jr Guards 1030 am Rain Date Free Movie on Beach	<b>9</b> Fitness Area Fitness Class 730 am	<b>10</b> Boot Camp 730 am
<b>11</b> Yoga 8 am	<b>12</b> Yoga 8 am	<b>13</b> Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	<b>14</b> Yoga 8 am	<b>15</b> Yoga 8 am Jr Guards 1030 am Gentle Yoga Flow 7 pm	<b>16</b> Fitness Area Fitness Class 730 am	<b>17</b> Boot Camp 730 am
<b>18</b> Yoga 8 am	<b>19</b> Yoga 8 am	<b>20</b> Boot Camp 730 am Yoga 8 am Jr Guards 1030 am	<b>21</b> Yoga 8 am	<b>22</b> Yoga 8 am Jr Guards 1030 am	<b>23</b> Fitness Area Fitness Class 730 am	<b>24</b> Boot Camp 730 am
<b>25</b> Yoga 8 am	<b>26</b> Yoga 8 am	<b>27</b> Boot Camp 730 am Yoga 8 am	<b>28</b> Yoga 8 am	<b>29</b> Yoga 8 am	<b>30</b> Fitness Area Fitness Class 730 am	<b>31</b> Boot Camp 730 am

### SEPTEMBER 2019

<b>1</b> Yoga 8 am	<b>2</b> Boot Camp 730 am Yoga 8 am	<b>3</b> Yoga 8 am	<b>4</b> Yoga 8 am	<b>5</b> Yoga 8 am	<b>6</b> Fitness Area Fitness Class 730 am	<b>7</b> Boot Camp 730 am
<b>8</b> Yoga 8 am	<b>9</b> Yoga 8 am	<b>10</b> Yoga 8 am	<b>11</b> Yoga 8 am	<b>12</b> Yoga 8 am	<b>13</b> Fitness Area Fitness Class 730 am	<b>14</b> Boot Camp 730 am Fall Picnic on the beach